

## **North Carolina Senior Tar Heel Legislature Region M Application**

The North Carolina Senior Tar Heel Legislature (STHL) is a group of senior volunteers who provide information to senior citizens on the legislative process and matters being considered by the North Carolina General Assembly. Each of the 100 North Carolina counties is entitled to one Delegate and one Alternate to the STHL. Currently, the STHL holds meetings three times a year in March, June and October, to study issues, hear from key resource persons and state officials, and develop recommendations to present to the North Carolina General Assembly for their consideration. Only Delegates vote on official STHL business at the state meetings; however, Alternates can vote if their Delegate is unavailable.

According to STHL bylaws, Delegates and Alternates are chosen by the Area Agency on Aging (AAA) that serves the county in which the STHL applicant resides.

### **Expectations of Delegates and Alternates:**

- Advocate with local, state, and federal public officials on behalf of seniors.
- Attend NC Senior Tar Heel Legislature meetings.
- Serve on STHL committees.
- Attend Region M Aging Advisory Council/Senior Tar Heel meetings (4 times/year).
- Become knowledgeable about North Carolina's Aging Network.
- Seek awareness of issues affecting older adults in their county and across NC.
- Provide information to the public in their county on senior issues through informational booths at health fairs, group presentations, community forums, legislator forums, newspaper articles, radio shows, etc.

### **Qualifications:**

- 60 years of age or older and resides in the county in which they serve.
- Genuine interest and concern for the aging population of North Carolina.
- Commitment and time to complete the responsibilities of this position.
- Willingness to communicate with public officials about needs, issues, and concerns affecting older adults in North Carolina.
- Must have email for communication purposes.

Financial support from the AAA consists of coverage of hotel and meal costs during the three meetings of the STHL each year.

To apply for appointment as a STHL Delegate or Alternate, completion of an application is required.

*Mid-Carolina Regional Council  
Area Agency on Aging*

**Application Form  
North Carolina Senior Tar Heel Legislature – Region M**

Name of Applicant: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

County of Residence: \_\_\_\_\_ Phone Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Employment Status –working (full or P/T) or retired, and field of current or former employment:

\_\_\_\_\_

Describe your experience and knowledge relative to issues affecting older adults:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Describe any participation in groups or organizations for older adults and in councils or committees which advise or oversee programs which have an impact on older persons:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*By signing below, you commit to participating fully in STHL orientation and training, STHL meetings and other activities of the Senior Tar Heel Legislature.*

SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_

Return Form to:

Tracy Honeycutt, Mid-Carolina AAA  
6205 Raeford Road, Fayetteville NC 28304  
Fax: 910-323-9330; Email: thoneycutt@mccog.org