



## **VIRTUAL TENNIS**

Singles, Doubles & Mixed Doubles

### **SCORESHEET & PROCEDURES**

Virtual Tennis Competition is a series of skills. Perform the skills tests and record your scores. Report your scores and awards will be based on total score. Tie Breakers will be the Consistency/stamina skill.

- **Doubles:** Same gender pairs; **Mixed Doubles:** Opposite-gender pairs.
  - In Doubles and Mixed Doubles events, both players scores are combined for a team score. Maintain proper social distancing.
  - The age of the younger player will determine the age group. Age groups are the same as in individual sports.
  - A player may compete in only one age group.
  - Only one partner is required to report scores for the team.

<b>Skill and Description</b>	<b>Point Potential</b>
1. <b>Serve Skill:</b> Participant performs 10 consecutive serves from each side. An “in” serve scores 1 point.	20
2. <b>Forehand Skill:</b> Participant will stand in the receiving position at the center mark of the baseline. A volunteer opponent will be on the other side of the net hitting or tossing balls to the Participant. The participant will return the ball over using the Forehand drive for 20 consecutive balls. Each returned ball is scored from 0 to 3 points depending on where the return lands (*See Diagram). The ball must go over the net and in play or it will be scored a zero.	60
3. <b>Backhand Skill:</b> Participant will stand in the receiving position at the center mark of the baseline. A volunteer opponent will be on the other side of the net hitting or tossing balls to the Participant. The participant will return the ball over using the Backhand drive for 20 consecutive balls. Each returned ball is scored from 0 to 3 points depending on where the return lands (*See Diagram). The ball must go over the net and in play or it will be scored a zero.	60
4. <b>Consistency/Stamina Skill:</b> Using a Tennis Hit Wall with a Net line the participant will stand 15 feet from the wall and count how many times in one minute they can hit above the line <b>alternating</b> Forehand and Backhand hits with each return. Restart and continue counting until 1 minute is complete.	Will Vary

# Virtual Tennis Score Card

## Serve Skill-10 on side 1

Note number of serves in

1	2	3	4	5	6	7	8	9	10	<b>Total Score</b>

## Serve Skill-10 on side 2

Note number of serves in

1	2	3	4	5	6	7	8	9	10	<b>Total Score</b>

## Forehand Skill-

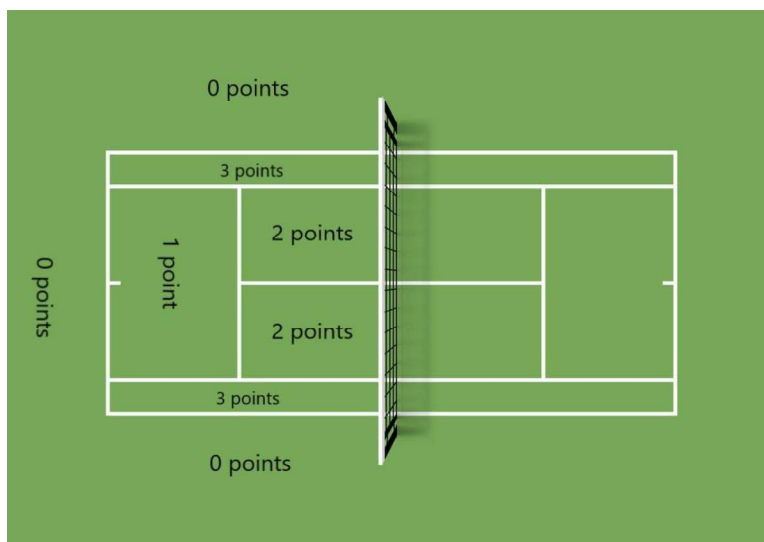
Note point scored for where each ball hit

1	2	3	4	5	6	7	8	9	10	
11	12	13	14	15	16	17	18	19	20	<b>Total Score</b>

## Backhand Skill-

Note point scored for where each ball hit

1	2	3	4	5	6	7	8	9	10	
11	12	13	14	15	16	17	18	19	20	<b>Total Score</b>



## Consistency/Stamina

In 1 minute, how many times did you hit the ball above the line, alternating forehand and backhand?